

## Welcome to Connections.

Connections is a FREE app for individuals with substance use disorder and common co-occurring mental health conditions with 24/7 peer support, a supportive recovery community, and tools to help you track and celebrate milestones!



"I love the support we get from this app each day. This has become such a part of my life, I really look forward to reading and engaging with people on here." MIKE6, A PATIENT IN RECOVERY



Connections

Welcome back **Zenith** 

## With Connections, you're never alone.

To enroll, scan the code or text 610-488-2461 with the following information to receive a link to download the Connections app.

Full name and date of birth



Technical difficulties? Get in touch: onboarding@connectionsapp.com

Connections is a free resource made available by:



Arkansas Office of Substance Abuse and Mental Health (OSAMH) - Public

Support for you, so you can better support them.

The **Companion app** provides a supportive online community and valuable resources tailored for family members, friends, and caregivers of individuals with substance use disorder and common co-occurring mental health conditions.



Scan to access the Companion app.

This free resource is made available by:

