# Home Delivered Meals

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### Home Delivered Meals Preparation Requirements

- Meal Preparation: food procurement\*
- Kitchen preparation: meals whether hot or frozen can not be commercially prepared.\*\*
- Hot vs. frozen: These can not be prepared at the same time\*\*\*



### LOGS, LOGS and More LOGS:\*

- Cooking logs,
- Temperature logs
- Preparation logs
- Hot meal delivery temp logs



- Frozen meal preparation logs (4 hour 40 degrees)
- Heating and cooling logs
- Equipment logs (cleaning and maintenance)
  Beneficiary signature logs (if client is unable
  - to sign then that should be documented).

#### Understanding: <u>4 hours and 40 degrees</u>

When food temperature *begins to drop* the bacteria *start to multiply* 



#### HDM Agency Requirements for HOT-Home Delivered Meals

- Nutrition Service Provider\*
- Comply with all federal, state, county and local laws\*\*
- Ensure intermediate source of delivery oversite\*\*\*
- Procure and maintain all documents required by law\*
- Maintain communication with the DHS RN\*\*

#### HDM Agency Requirements for Frozen-Home Delivered Meals

- Meet all requirements as noted in the Hot-Home Delivered Meals review\*
- However, FROZEN meals are to <u>supplement</u> not replace HOT home delivered meals\*\*
- Beneficiary must meet criteria for "only" frozen home delivered meals\*\*\*
- PCSP-responsibility of the DHS RN; however, the provider is also responsible\*
- > 213.321 in Section II of the Medicaid manual documents five requirements\*\*

#### It's not just about <u>Food...</u> It is also about <u>Socialization</u>

- The Older Americans Act of 1965 specifically identifies home delivered meal programs as a Nutrition Service Program which seeks, "... to promote socialization of older individuals;..."
- Remember: The person delivering the meal has to actually see the participant or caregiver before leaving the meal; which means no FedEx, no UPS, no US Postal delivery.\*
- Don't just throw and go!!! Bringing a meal to the door and taking the time to speak to the individual is the providers part in ensuring high risk beneficiaries are afforded face to face contact and caring interaction in order to determine "at that moment in time" that these individuals are safe and stable.

## Medicaid Manual: Section II

- > 213.310 Hot Home–Delivered Meals
- 213.311 Hot Home-Delivered Meal Provider Certification Requirements
- > 213.320 Frozen Home Delivered Meals
- 213.321 Beneficiary Requirements for Frozen Home-Delivered Meals
- 213.323 Frozen Home-Delivered Meal Provider Certification Requirements
- > 213.330 Limitations on Home-Delivered Meals
- 213.340 Combination of Hot and Frozen Home-Delivered Meals
- > 213.350 Emergency Meals