## ABOUT US

Arkansas Lifespan Respite Coalition is comprised of family caregivers as well as staff from organizations with outreach across the state, representing all populations regardless of age, income, cultural or ethnic background, or need/disability of the care recipient.

**GOAL** Improve the awareness and access of respite information and services available to families across age and disability spectrums by expanding and coordinating existing respite systems in Arkansas.

**MISSION** Support and promote the development of a comprehensive, statewide respite and crisis care system that is responsive to the needs of caregivers and their families, and enhances the quality of life for all individuals.

**VISION** Create an environment within Arkansas where respite and crisis care are readily available and easily accessible to all caregivers through education and awareness. "There are four kinds of people in this world: those who have been caregivers, those who currently are caregivers, those who will be caregivers, and those who will need caregivers."

- First Lady Rosalynn Carter



## COME JOIN US!

#### FAMILIES AND PROFESSIONALS WELCOME

FUNDED THROUGH A GRANT FROM THE ADMINISTRATION FOR COMMUNITY LIVING AOA - LIFESPAN RESPITE CARE PROGRAM

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## RESPITE (RESS'-PIT)

A short-term break for primary caregivers, ranging from a few hours in the day to a few days. Lifespan respite includes care for recipients of any age or diagnosis.

Respite care can be provided:

In-home



In a relative's home



Health care facilities



Day centers

# THE HISTORY OF THE ARKANSAS "TAKE THE TIME" LIFESPAN RESPITE PROJECT

In 2013, DHS and other respite community providers and advocates across the state began meeting to form the Arkansas Lifespan Respite Coalition (ALRC). A respite summit was held that year bringing together stakeholders statewide who were interested in improving respite services and seeking out funding opportunities.

DHS, in partnership with the Arkansas Lifespan Respite Coalition, was awarded its first federal Lifespan Respite Grant in 2014 and then again in 2018. Arkansas received additional supplemental funding in 2019 to enhance respite services.

### OUR PURPOSE

The Arkansas Lifespan Respite Coalition does not act in the role of a direct service provider. Its purpose is to build a statewide system to identify and coordinate respite care options for families regardless of age, special need, or other characteristics of the person needing care.

The Division of Provider Services and Quality Assurance within the Arkansas Department of Human Services serves as the central point of contact for the Arkansas Lifespan Respite project across the state.

